NOTE:
Please read all instructions carefully before using this product

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Model
MP-3500

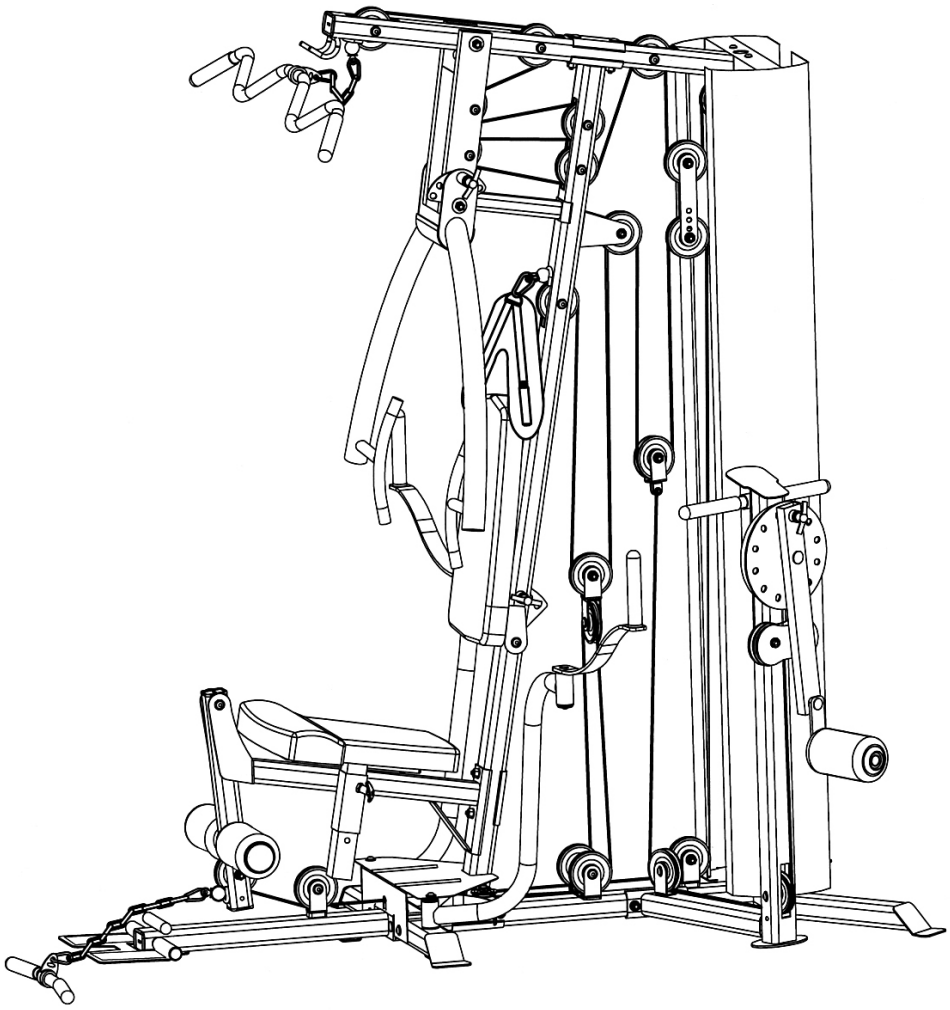
Retain This Manual for Reference

08-25-09

OWNER'S MANUAL

MARCY PLATINUM

MP-3500 HOME GYM



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BEFORE YOU BEGIN

Thank you for selecting the MARCY PLATINUM Home Gym MP-3500. For your safety and benefit, read this manual carefully before using the machine. As the distributor, we are committed to provide you complete customer satisfaction. If you have any questions, or find there are missing or damaged parts or you require assistance assembling this product, we guarantee you complete satisfaction through direct assistance. To avoid unnecessary delays, please call our customer service department Monday to Friday 9am to 5pm.

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IMPORTANT SAFETY PRECAUTIONS

This Gym is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble or use your Gym. In particular, note the following safety precautions:

1. Keep children and pets away from the Gym at all times. Do not leave children unattended in the same room with the Gym. The Gym is not a toy and therefore parents and guardians should be aware of the natural tendency for children to play, leading to situations and behaviour for which the Gym is not intended.
2. If children are allowed to use the Gym their physical/mental development and above all, temperament should be taken into account. Constant supervision is therefore needed.
3. Only one person at a time should use the Gym.
4. If the user experiences dizziness, nausea, chest pain or any other abnormal symptoms, STOP the workout at once. Consult a physician immediately. Injuries may occur due to incorrect or excessive exercise.
5. Position the Gym on a clear leveled surface which is clear of all obstacles as not to restrict movement whilst exercising. DO NOT use the Gym near water or outdoors.
6. Keep hands away from all moving parts
7. Always wear appropriate clothing when exercising. DO NOT wear robes or other clothing that could become caught in the Gym. Running or aerobic shoes are also required when using the Gym.
8. Use the Gym only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.
9. Do not place any sharp objects around the Gym.
10. Disabled persons should not use the machine without a qualified person or physician in attendance.
11. Before using the Gym to exercise, always do stretching exercises to properly warm up.
12. Never use the Gym if it is not functioning properly.
13. This product is intended for H=Domestic Home use only.

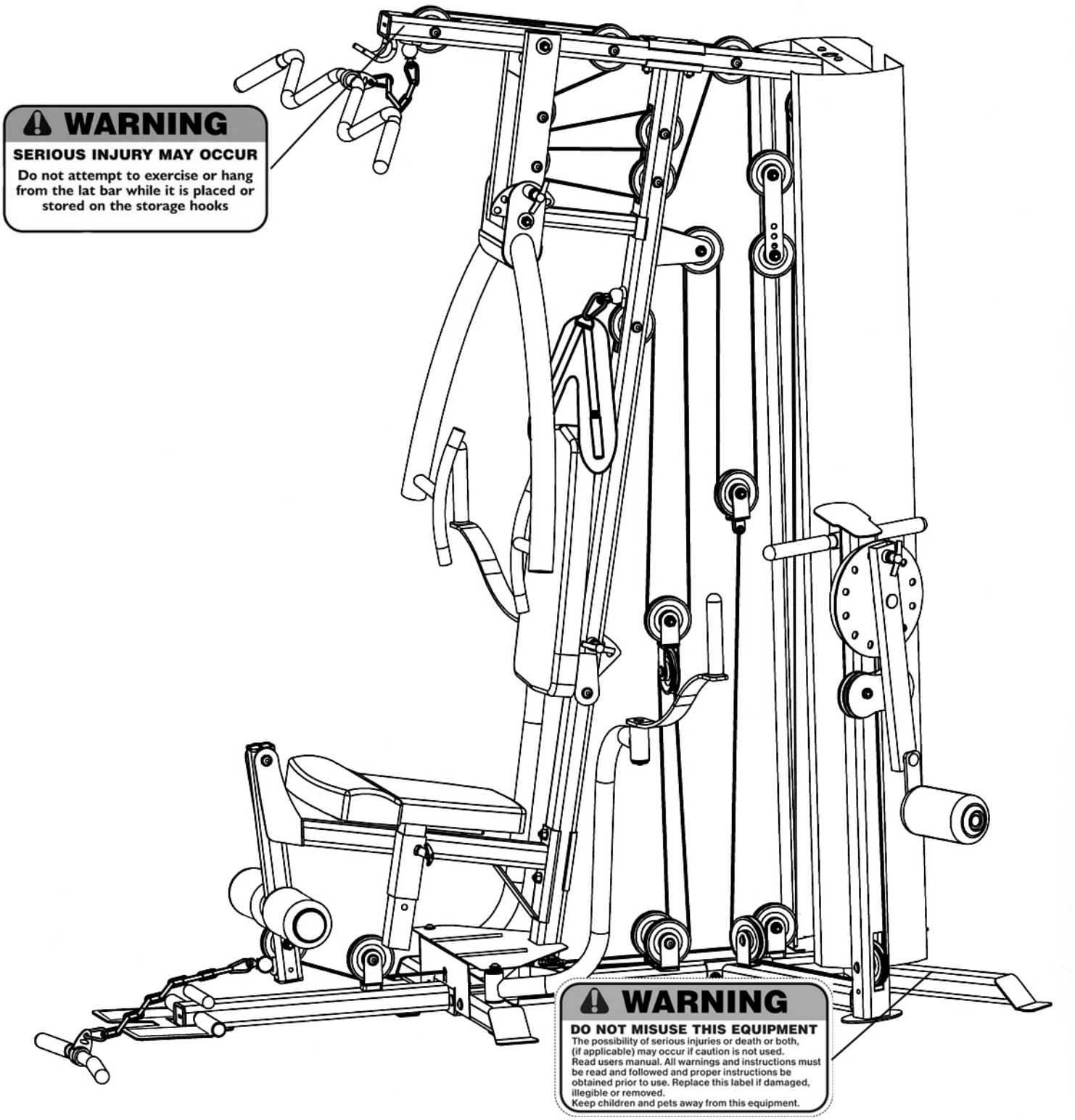
CARE AND MAINTENANCE

1. Inspect and tighten all parts before using the machine.
2. The machine can be cleaned using a damp cloth and mild non-abrasive detergent. DO NOT use solvents.
3. Periodically, spray the Guide Rods # 17 with silicon spray or light oil to ensure a smooth operation.
4. Failure to examine the Gym regularly may affect the safety level of the equipment.
5. Maximum user weight is 140kg.
6. Assembled Dimensions: L 190 x W 127 x H 209 cm

WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT. ESCALADE ASSUMES NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.

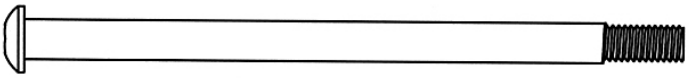
SAVE THESE INSTRUCTIONS.

WARNING LABEL PLACEMENT

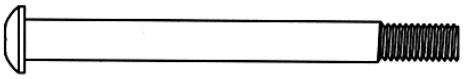

WARNING
SERIOUS INJURY MAY OCCUR
Do not attempt to exercise or hang from the lat bar while it is placed or stored on the storage hooks
WARNING
DO NOT MISUSE THIS EQUIPMENT
The possibility of serious injuries or death or both, (if applicable) may occur if caution is not used.
Read users manual. All warnings and instructions must be read and followed and proper instructions be obtained prior to use. Replace this label if damaged, illegible or removed.
Keep children and pets away from this equipment.

HARDWARE PACK

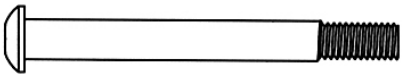
NOTE: The following parts are not drawn to scale. Please use your own ruler to measure the size.



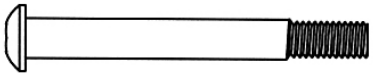
#94 M10 x 6 $\frac{1}{2}$" Allen Bolt (Qty 2)



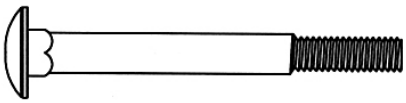
#95 M10 x 4 $\frac{1}{4}$" Allen Bolt (Qty 1)



#96 M10 x 3 $\frac{5}{8}$" Allen Bolt (Qty 4)

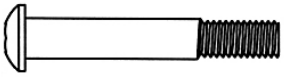


#97 M10 x 3 $\frac{3}{8}$" Allen Bolt (Qty 9)

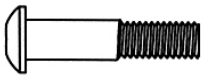


#105 M10 x 3 $\frac{5}{8}$" Carriage Bolt (Qty 2)

#106 M10 x 2 $\frac{5}{8}$" Carriage Bolt (Qty 8)

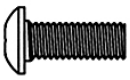


#98 M10 x 2 $\frac{1}{2}$" Allen Bolt (Qty 1)



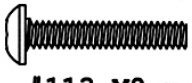
#99 M10 x 1 $\frac{3}{4}$" Allen Bolt (Qty 16)

#100 M10 x 1 $\frac{1}{8}$" Allen Bolt (Qty 1)

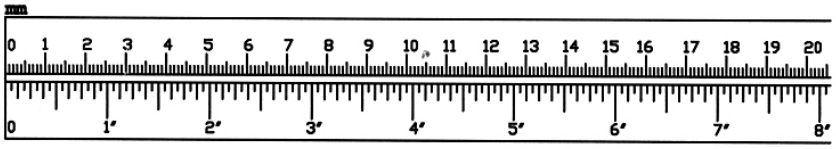


#102 M10 x 1" Allen Bolt (Qty 2)

#103 M10 x $\frac{3}{4}$" Allen Bolt (Qty 16)

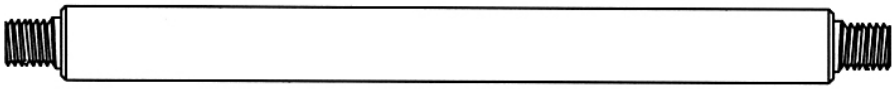


#113 M8 x 1 $\frac{5}{8}$" Allen Bolt (Qty 4)

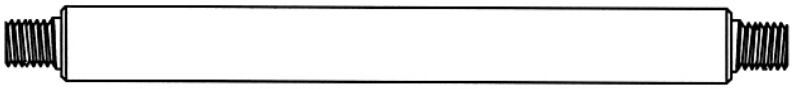


HARDWARE PACK

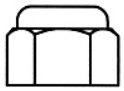
NOTE: The following parts are not drawn to scale. Please use your own ruler to measure the size.



#30 7 ½" Front Press Axle (Qty 1)

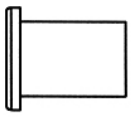


#29 6 ¾" Front Press Base Axle (Qty 1)

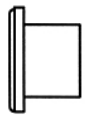


#110 M12 Aircraft Nut (Qty 1)

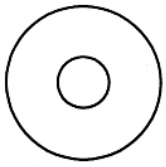
#108 M6 x ⅜" Screw (Qty 1)



#53 Pulley Bushing (Qty 14)



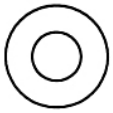
#56 Ø⅞" Leg Developer Bushing (Qty 2)



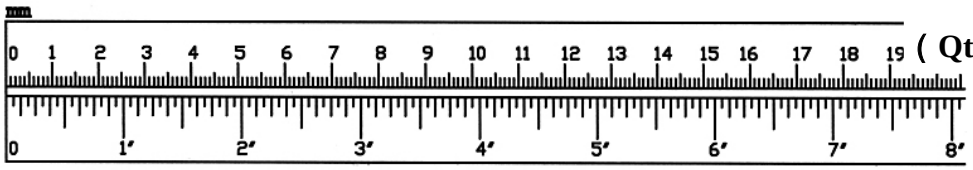
#70 Ø 1 ¼" Washer (Qty 8)

#109 M10 Aircraft Nut (Qty 49)

#112 Ø ⅝" Washer (Qty 4)

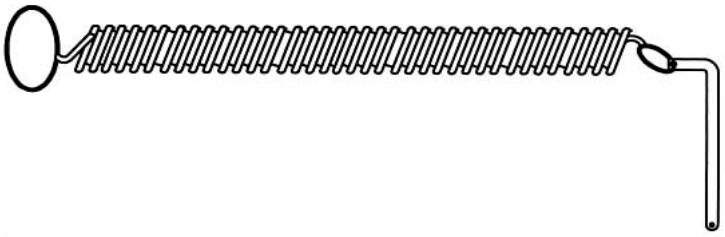


#111 Ø ¾" Washer (Qty 78)



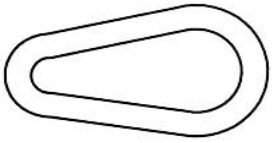
(Qty 74)

HARDWARE PACK

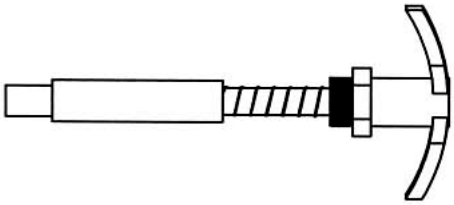


#74 Weight Plate Selector Pin (Qty 1)

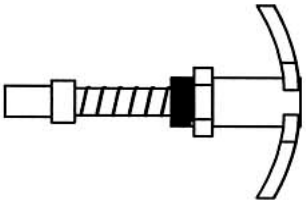
#75 Short Chain (Qty 1)



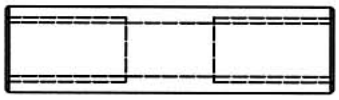
#90 Hook (Qty 5)



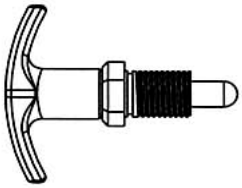
#77 6 $\frac{1}{4}$" T-shaped Lock Pin (Qty 1)



#78 4" T-shaped Lock Pin (Qty 1)



#19 Leg Developer Axle (Qty 1)



#73 3 $\frac{3}{8}$" T-shaped Lock Pin (Qty 1)

#76 Long Chain (Qty 1)

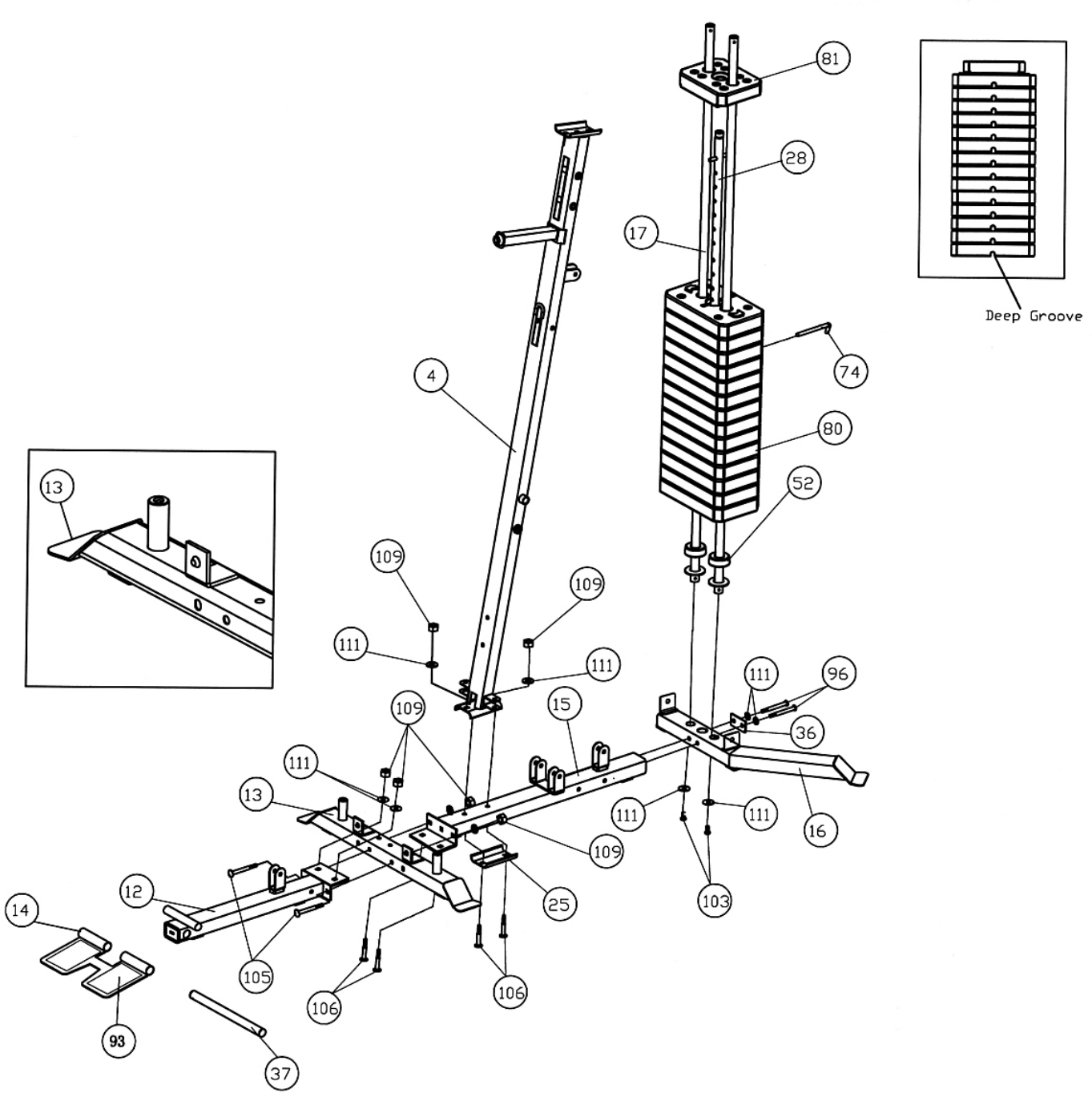
ASSEMBLY INSTRUCTION

Tools Required for Assembling the Machine: Two Adjustable Wrenches and Allen Wrenches
NOTE: It is strongly recommended that two or more people assemble this machine to avoid possible injury.

STEP 1 (See Diagram 1)

A.) Insert two Guide Rods (#17) into the holes on Rear Stabilizer (#16). Secure each Guide Rod with one M10 x ¾" Allen Bolt (#103) and Ø ¾" Washer (#111) from the bottom. Slide two Ø 2 3/8" x 1" Rubber Bumpers (#52) onto the two Guide Rods.
B.) **Do not tighten the Nuts and Bolts starting from the following procedures until instructed to do so**.
C.) Attach the Vertical Frame (#4) onto the Rear Base Frame (#15). Secure it with two M10 x 2 5/8" Carriage Bolts (#106), one 4 ¾" x 2 ¾" Bracket (#25), two ∅ ¾" Washers (#111), and two M10 Aircraft Nuts (#109).
D.) Attach the Butterfly Base (#13) to the Rear Base Frame (#15). Attach the Front Base Frame (#12) to the Butterfly Base (#13). Make sure the L shaped bracket welded on the Butterfly Base (#13) face towards the front of the machine **(see small diagram in the square insert in Diagram 1).** Align the holes and secure them together with two M10 x 2 5/8" Carriage Bolts (#106) from the bottom, two M10 x 3 5/8" Carriage Bolts (#105) from the side of Butterfly Base, four Ø ¾" Washers (#111), and four M10 Aircraft Nuts (#109).
E.) Connect the Rear Base Frame (#15) to the Rear Stabilizer (#16). Secure them together with two M10 x 3 5/8" Allen Bolts (#96), two Ø ¾" Washers (#111), and one 2 ¾" x 1 ½" Bracket (#36).
F.) Attach the Foot Plate (#14) to the Front Base Frame (#12). Align the holes and insert the Foot Plate Axle (#37) through the holes.
G.) Slide 14 Weight Plates (#80) onto the Guide Rods. **Make sure the deep groves on all Plates face down and toward the back.** Insert the Selector Rod (#17) through the center hole on the Weight Plates. Slide the Weight Selector Stem (#81) onto the Guide Rods.
H.) Use the Weight Plate Selector Pin (#74) to select desired number of Weight Plates to exercise. NOTE: Each Plate weights approximately 4.5kgs. **Please refer to the Weight Resistance Chart on page 28.**

DIAGRAM 1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Deep Groove

STEP 2 (See Diagram 2)

A.) Attach the Upper Frame (#1) onto the two Guide Rods (#17). Secure it with two M10 x ¾" Allen Bolts (#103) and ∅ ¾" Washers (#111). DO NOT tighten the Bolts yet.

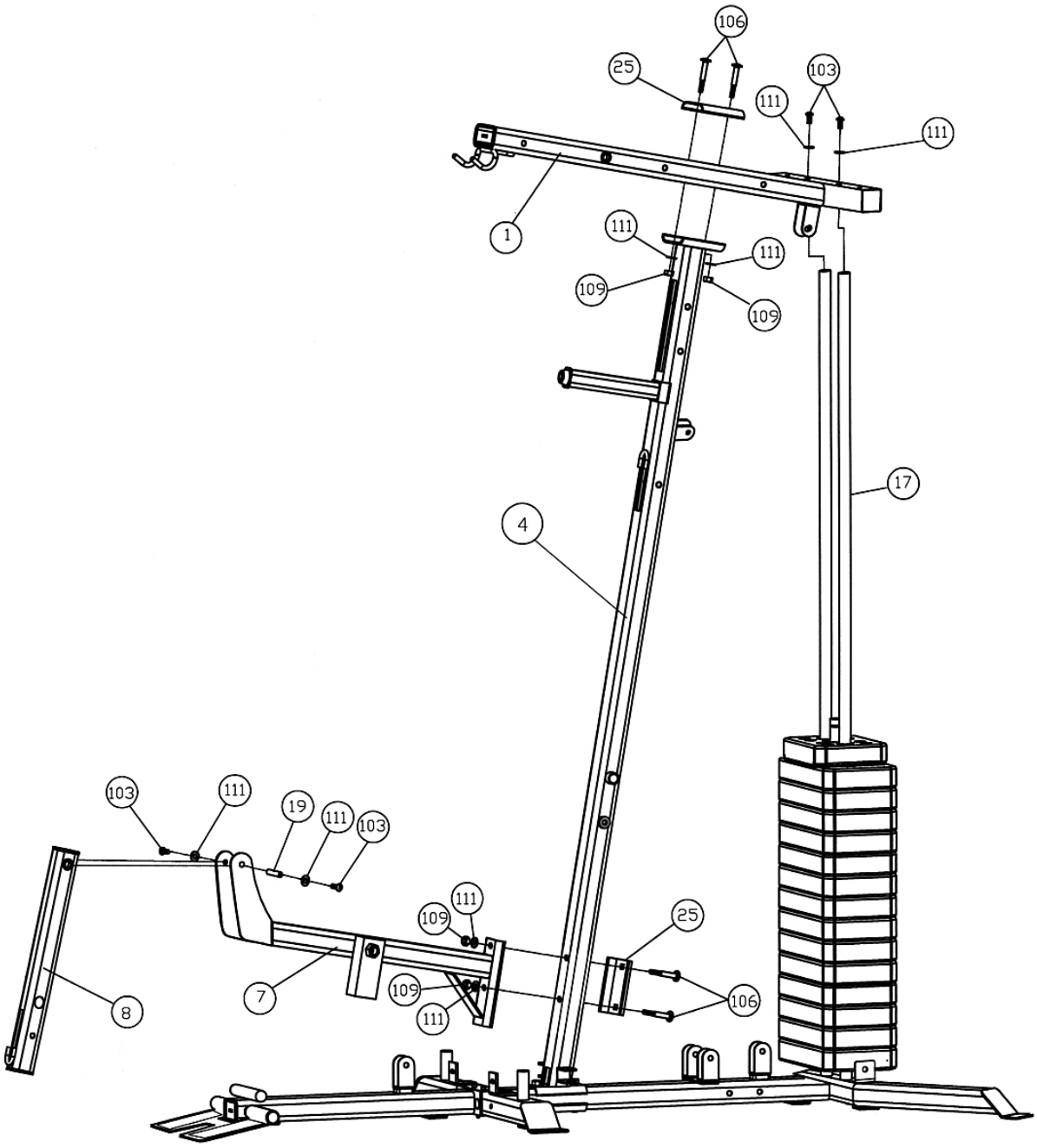
B.) Place the Upper Frame onto the Vertical Frame (#4). Secure it with two M10 x 2 5/8" Carriage Bolts (#106), one 4 ¾" x 2 ¾" Bracket (#25), two ∅ ¾" Washers (#111), and two M10 Aircraft Nuts (#109).

C.) Securely tighten all Nuts and Bolts previously installed in Step-1 and Step-2.

D.) Attach the Seat Support Frame (#7) to the Vertical Frame (#4). Secure it with two M10 x 2 5/8" Carriage Bolts (#106), one 4 ¾" x 2 ¾" Bracket (#25), two ∅ ¾" Washers (#111), and two M10 Aircraft Nuts (#109).

E.) Attach the Leg Developer (#8) to the bracket on the Seat Support Frame. Secure it with one Leg Developer Axle (#19), two M10 x ¾" Allen Bolts (#103), and two Ø ¾" Washers (#111). Do not over tighten the Bolts. Make sure the Leg Developer is able to swivel.

DIAGRAM 2



STEP 3 (See Diagram 3)

A.) Attach the Front Press Base (#2) to the Upper Frame (#1). Secure it with one 6 ¾" Front Press Base Axle (#29), two Ø 1 ¼" Washers (#70), and two M10 Aircraft Nuts (#109).

B.) Attach the Front Press (#3) to the Front Press Base. Secure it with one 7 ½" Front Press Axle (#30), two Ø1 ¼" Washers (#70), and two M10 Aircraft Nuts (#109).

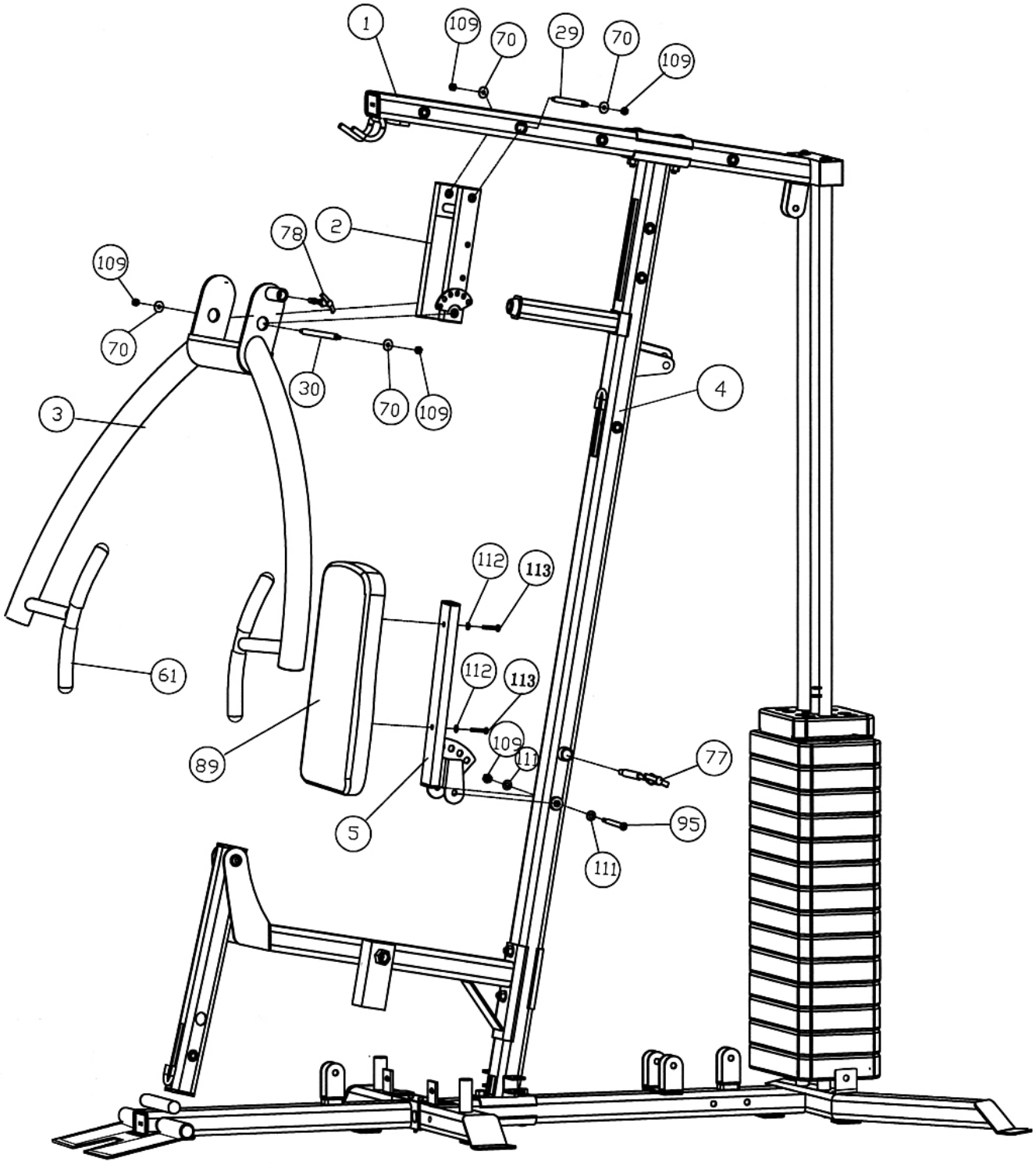
C.) Thread the 4" T-shaped Lock Pin (#78) into the hole on the Front Press to obtain the desired Front Press position.

D.) Attach the Backrest Board (#89) to the Backrest Support Frame (#5). Secure it with two M8 x 1 5/8" Allen Bolts (#113) and Ø 5/8" Washers (#112).

E.) Attach the Backrest Support Frame (#5) to the Vertical Frame (#4). Secure it with one M10 x 4 ¼" Allen Bolt (#95), two ∅ ¾" Washers (#111), and one M10 Aircraft Nut (#109).

F.) Thread the 6 ¼" T-shaped Lock Pin (#77) into the hole on the side of the Vertical Frame to obtain the desired Backrest position.

DIAGRAM 3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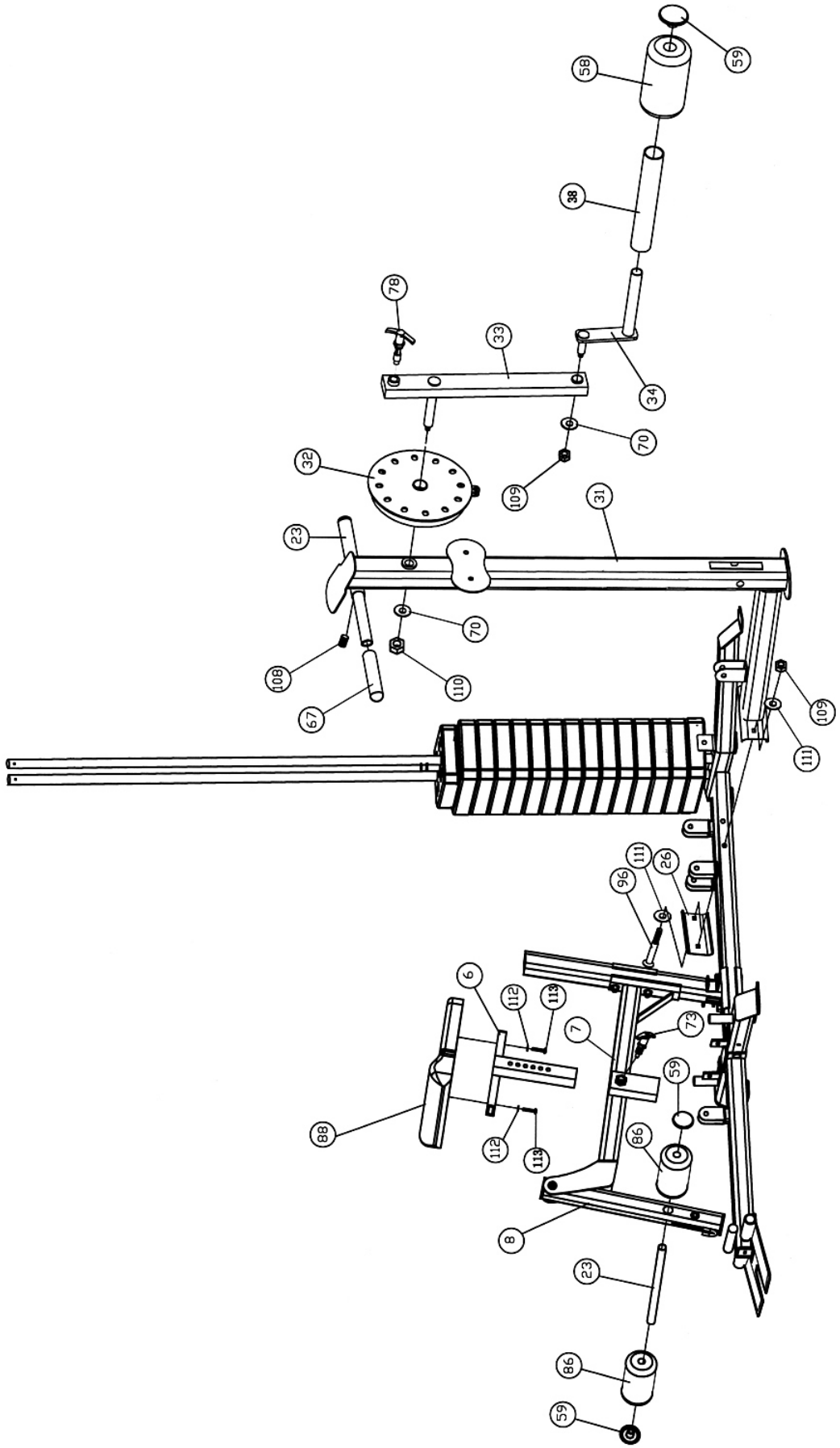
STEP 4 (See Diagram 4)

A.) Attach the Seat Pad (#88) to the Seat Post (#6). Secure it with two M8 x 1 5/8" Allen Bolts (#113) and Ø 5/8" Washers (#112).
B.) Insert the Seat Post into the opening on the Seat Support Frame (#7). Thread the 3 3/8" T-shaped Lock Pin (#73) into the nut on the Seat Support Frame to lock the Seat at desired height.
C.) Insert one Foam Tube (#23) halfway through the hole on the Leg Developer (#8). Push two Foam Rolls (#86) onto the Foam Tube from both ends. Plug two Foam Roll End Caps (#59) into the Ends.
D.) Attach the Leg Machine Frame (#31) to the Rear Base Frame (#15). Secure it with two M10 x 3 5/8" Allen Bolts (#96), one 5 ½" x 2" Bracket (#26), four Ø ¾" Washers (#111), and two M10 Aircraft Nuts (#109).
E.) Attach the Rotating Cam Plate (#32) to the Leg Machine Frame (#31). Align the holes and insert the axle on the Lever Frame (#33) through the holes. Secure it with one Ø 1 ¼" Washer (#70) and one M12 Aircraft Nut (#110). Do not over tighten the nut. The Lever Frame needs to swivel freely on the pivot.
F.) Adjust and secure the Lever Frame (#33) to the Cam (#32) with a 4" T-shaped Lock Pin (#78).
G.) Insert the axle on the Lever Frame Handle (#34) into the opening on the Lever Frame (#33). Secure it with one Ø 1 ¼" Washer (#70) and M10 Aircraft Nut (#109).
H.) Slide a 7" Swivel Tube Sleeve (#38) onto the tube on the Lever Frame Handle (#34).
I.) Push one Ø 4" Large Foam Roll (#58) onto Sleeve. Plug one Foam Roll End Cap (#59) into the end of Handle.
J.) Slide one Foam Tube (#23) halfway through the hole on the Leg Machine Frame (#31). Secure it with one M6x 3/8" Screw (#108). Push the 6 7/8" Grips (#67) onto the Tube.

DIAGRAM 4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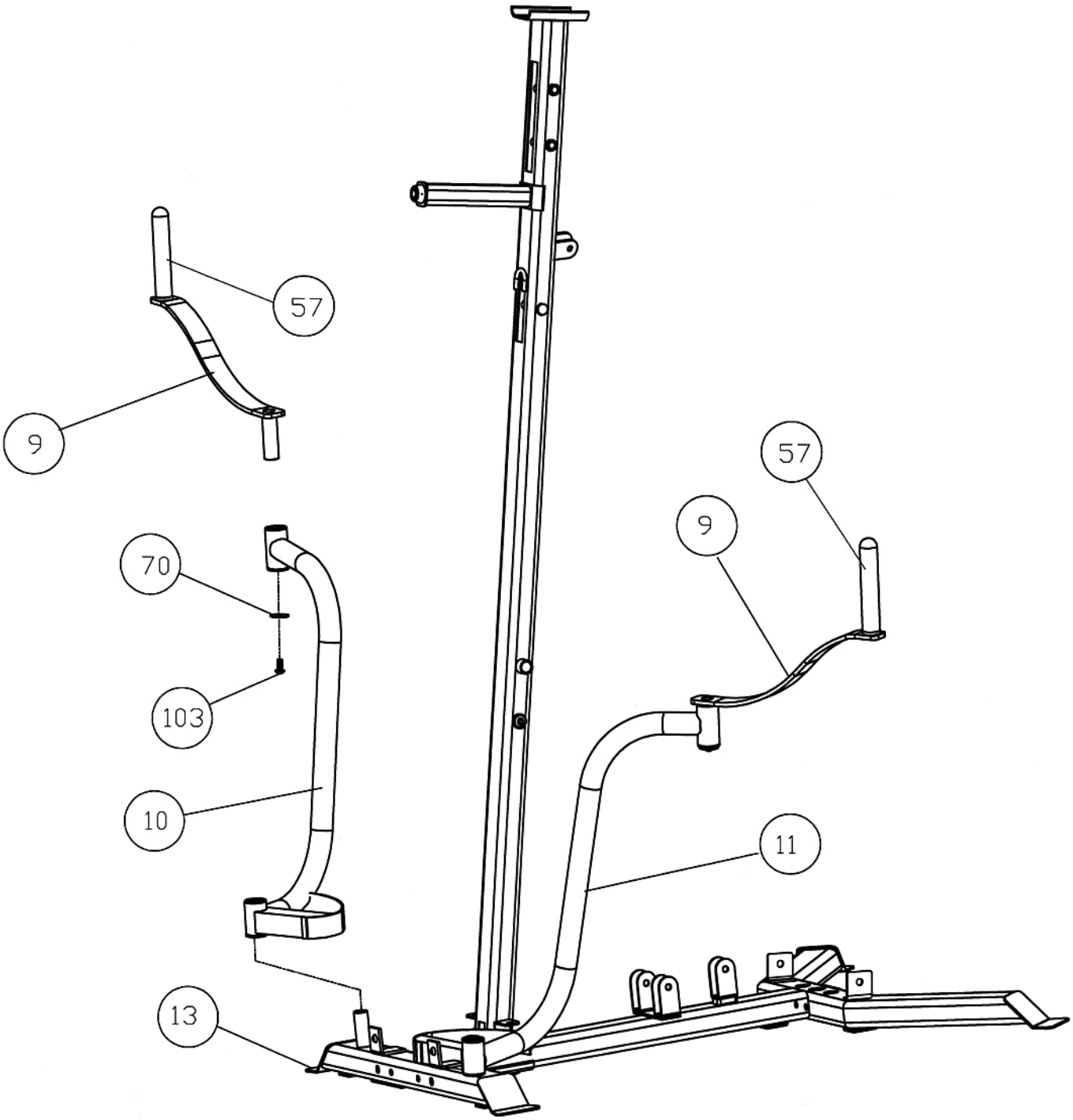
STEP 5 (See Diagram 5)

A.) Slide the Right Butterfly (#10) onto the right axle on the Butterfly Base (#13).

B.) Insert the Butterfly Handle (#9) into the pivot on the Right Butterfly. Secure it with one M10 x ¾" Allen Bolt (#103) and ∅ 1 ¼" Washer (#70) from the bottom.

C.) Repeat Procedures A and B above to install the other side. Do not over tighten the Bolts. Make sure the Handles are able to swivel.

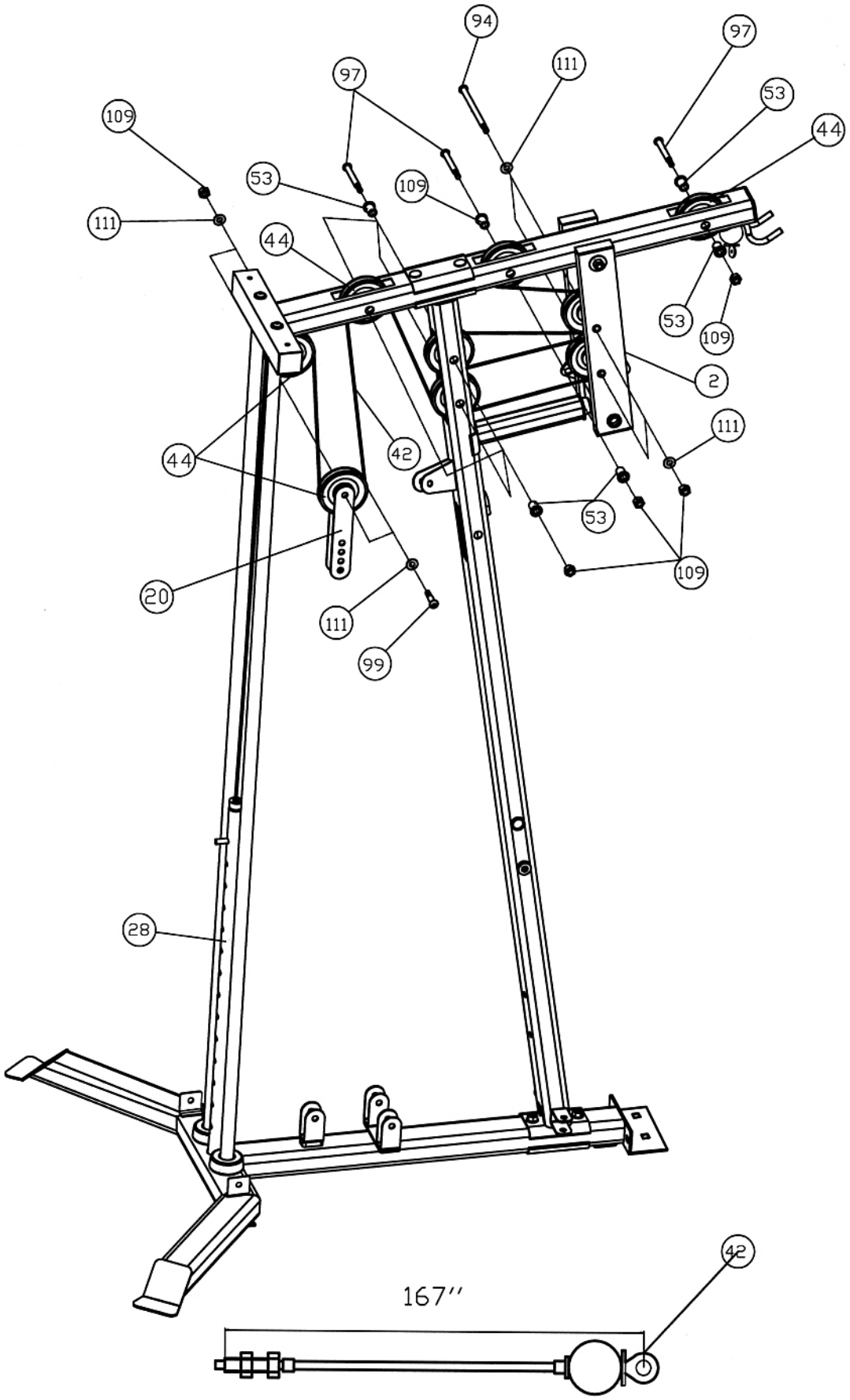
DIAGRAM 5



STEP 6 (See Diagram 6 & Upper Cable Loop Diagram)

A.) Attach the 167" Upper Cable (#42) to the opening on the front of Upper Frame (#1). Make sure the ball stopper is underneath the Frame. Attach a Pulley (#44) to the Cable.
B.) Secure the Pulley to the opening with one M10 x 3 3/8" Allen Bolt (#97), two Pulley Bushings (#53), and one M10 Aircraft Nut (#109).
C.) Draw the Cable over the Pulley along the Upper Frame towards the back of the machine to the opening in the middle of Upper Frame. Repeat Procedure B above to install a Pulley.
D.) Draw the Cable around the Pulley then back to the upper opening on the Front Press Base (#2). Attach a Pulley to the opening. Secure it with one M10 x 6 ½" Allen Bolt (#94), two ∅ ¾" Washers (#111), and one M10 Aircraft Nut (#109).
E.) Draw the Cable around the Pulley then towards the upper opening on the Vertical Frame (#4). Repeat Procedure B above to install a Pulley.
F.) Draw the Cable around the Pulley and back to the lower opening on the Front Press Base. Repeat Procedure D above to install a Pulley.
G.) Draw the Cable around the Pulley then to the lower opening on the Vertical Frame. Repeat Procedure B above to install a Pulley.
H.) Draw the Cable underneath the Pulley then pull upward to the last opening on the back of the Upper Frame. Repeat Procedure B above to install a Pulley.
I.) Draw the Cable around the Pulley then downward. Attach a Pulley to the top hole on the Double Floating Pulley Brackets (#20).
J.) Secure the Pulley to the brackets with one M10 x 1 ¾" Allen Bolt (#99), two Ø ¾" Washers (#111), and one M10 Aircraft Nut (#109). Let the Bracket hanging for now.
K.) Draw the Cable around the Pulley then upward to the open bracket between the two Guide Rods. Repeat Procedure J above to install a Pulley.
L.) Draw the Cable around the Pulley then downward to the Selector Rod (#28). Securely thread the Head Bolt at end of the Cable into the Selector Rod.

DIAGRAM 6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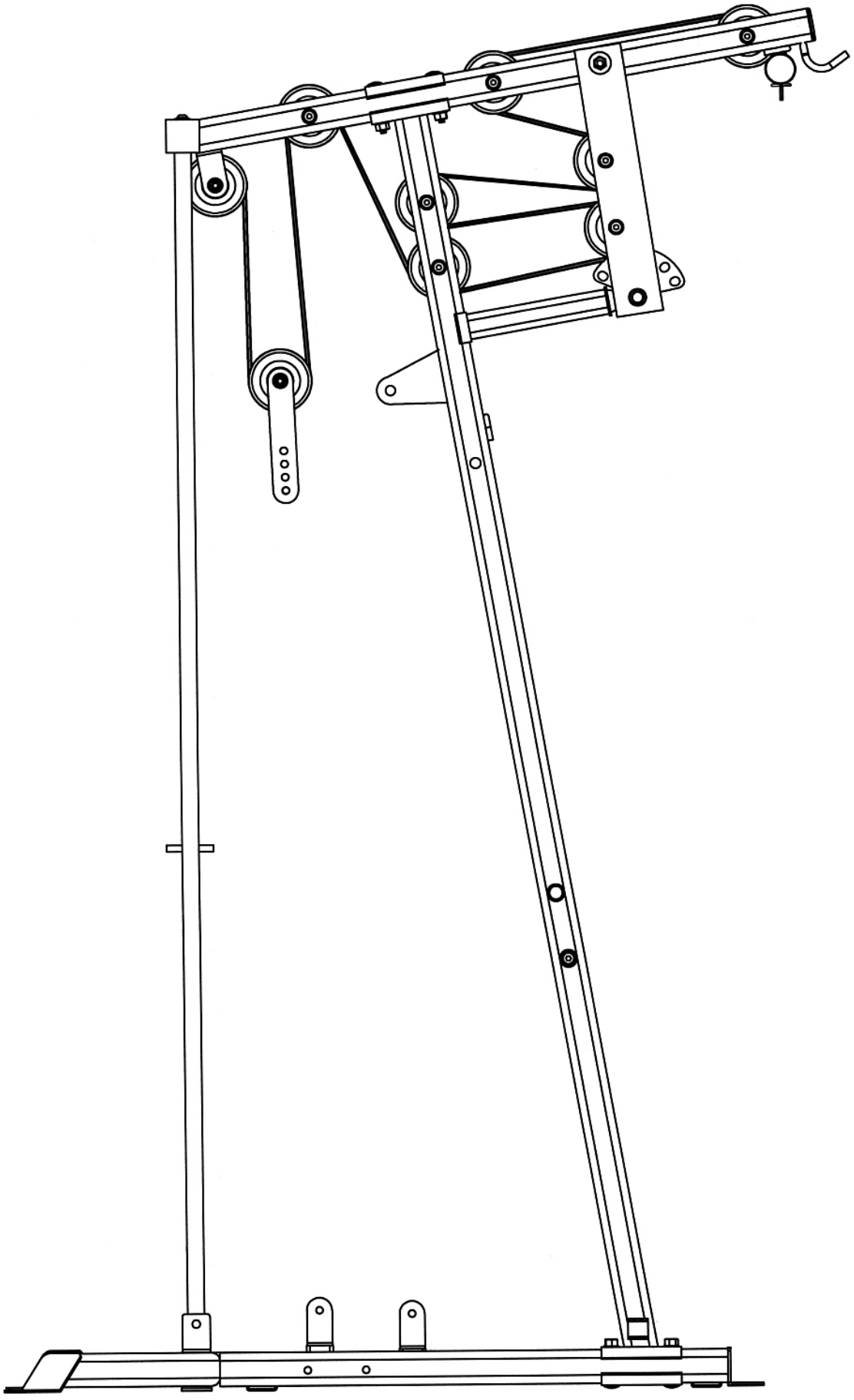
Upper Cable Loop Diagram



STEP 7 (See Diagram 7 & Lower Cable Loop Diagram)

A.) Attach the 215" Lower Cable (#40) to the opening on the Leg Developer (#8). Attach a Pulley (#44) to the opening. Secure it with one M10 x 2 ½" Allen Bolt (#98), two ∅ 7/8" Leg Developer Pulley Bushings (#56), and one M10 Aircraft Nut (#109).

B.) Draw the Cable underneath the Pulley to the open bracket on the Front Base Frame (#12). Attach a Pulley to the bracket. Secure it with one M10 x 1 ¾" Allen Bolt (#99), two ∅ ¾" Washers (#111), and one M10 Aircraft Nut (#109).

C.) Draw the Cable underneath the Pulley towards the back of the machine through the bottom opening on the Vertical Frame (#4) to the open bracket on the Rear Base Frame (#15). Repeat Procedure B above to install a Pulley.

D.) Draw the Cable underneath the Pulley then pull upward to the Double Floating Pulley Bracket (#20) previously installed in STEP-6. Repeat Procedure B above to install a Pulley. After completing the entire cable system, come back to the Double Floating Pulley Bracket and adjust the height of the lower Pulley to adjust the tightness of the Cables. Move up the pulley to increase the tension. Move down the pulley to loose the tension.

E.) Draw the Cable around the Pulley then downward. Attach the Cable to a Single Floating Pulley Bracket (#18). Repeat Procedure B to install a Pulley.

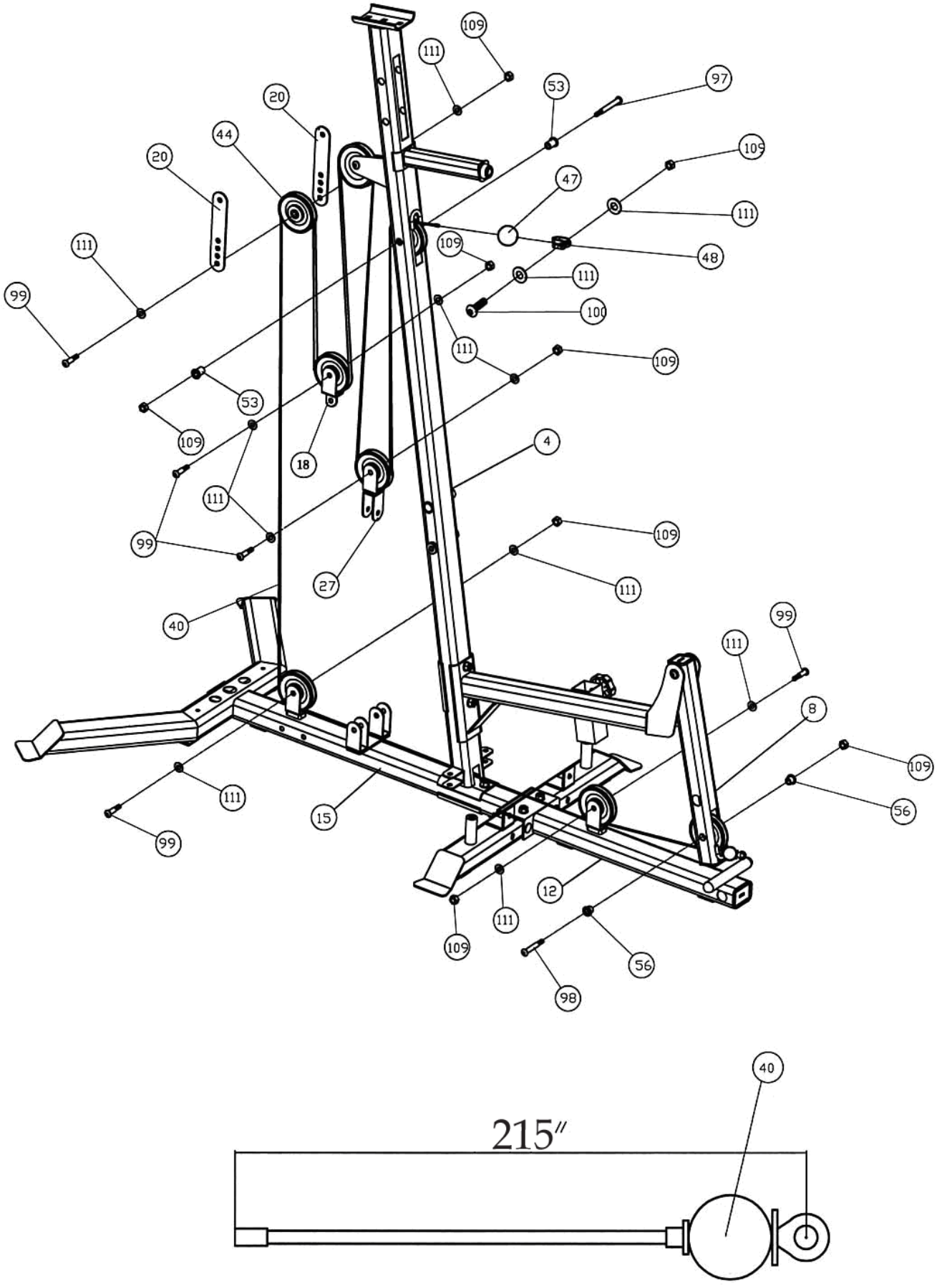
F.) Draw the Cable around the Pulley then upward to the open bracket on the back of Vertical Frame (#4). Repeat Procedure B to install a Pulley.

G.) Draw the Cable around the Pulley then downward. Attach the Cable to an Angled Double Floating Pulley Bracket (#27). Repeat Procedure B above to install a Pulley. Let the Brackets hanging for now.

H.) Draw the Cable around the Pulley then upward to the opening on the Vertical Frame (#4). Attach a Pulley to the opening. Secure it with one M10 x 3 3/8" Allen Bolt (#97), two Pulley Bushings (#53), and one M10 Aircraft Nut (#109).

I.) Insert the Cable through a Ball Stopper (#47). Attach the Cable to a U-shape Cable Connector (#48). Secure the Connector with one M10 x 1 1/8" Allen Bolt (#100), two ∅ ¾" Washers (#111), and one M10 Aircraft Nut (#109).

DIAGRAM 7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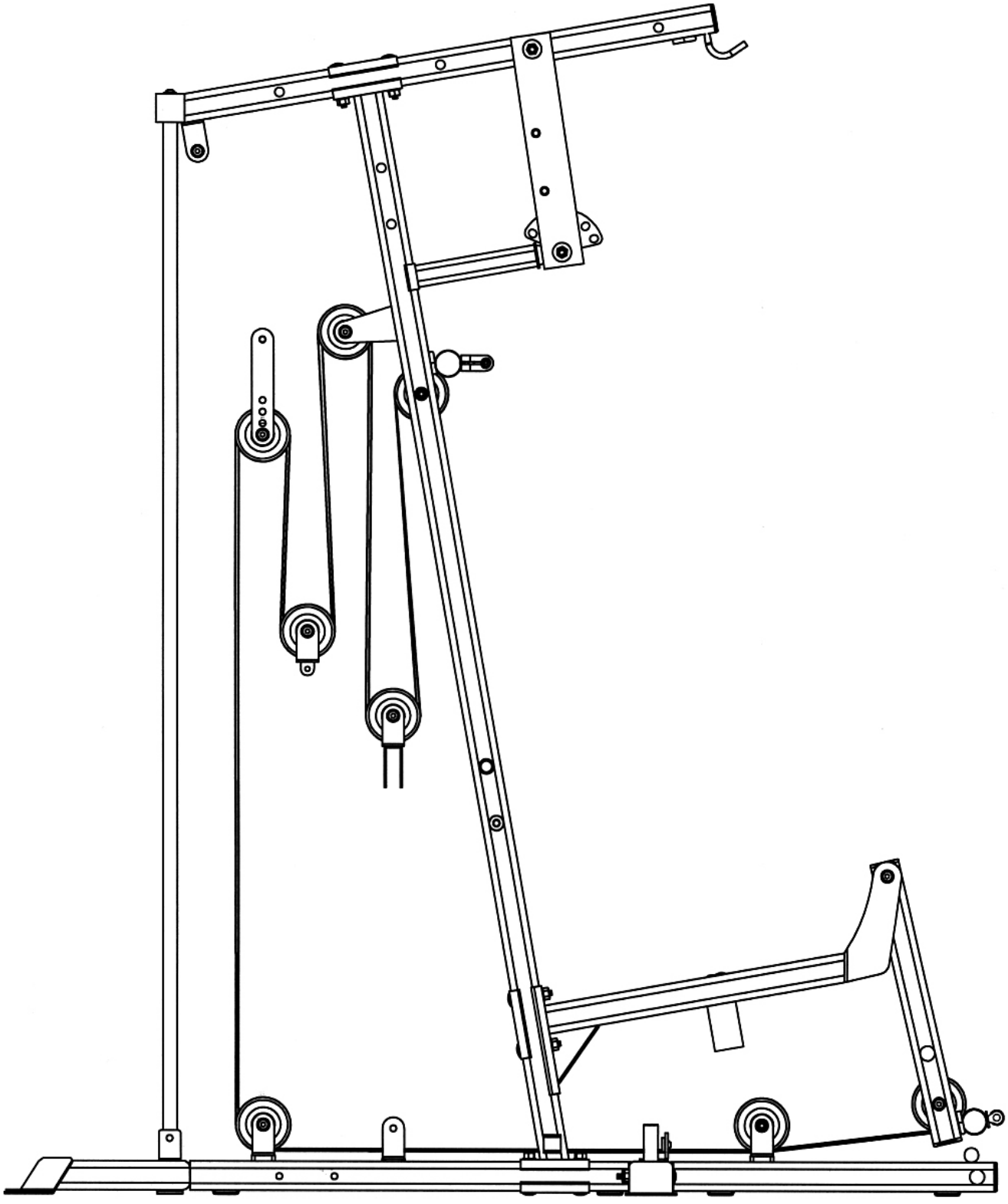
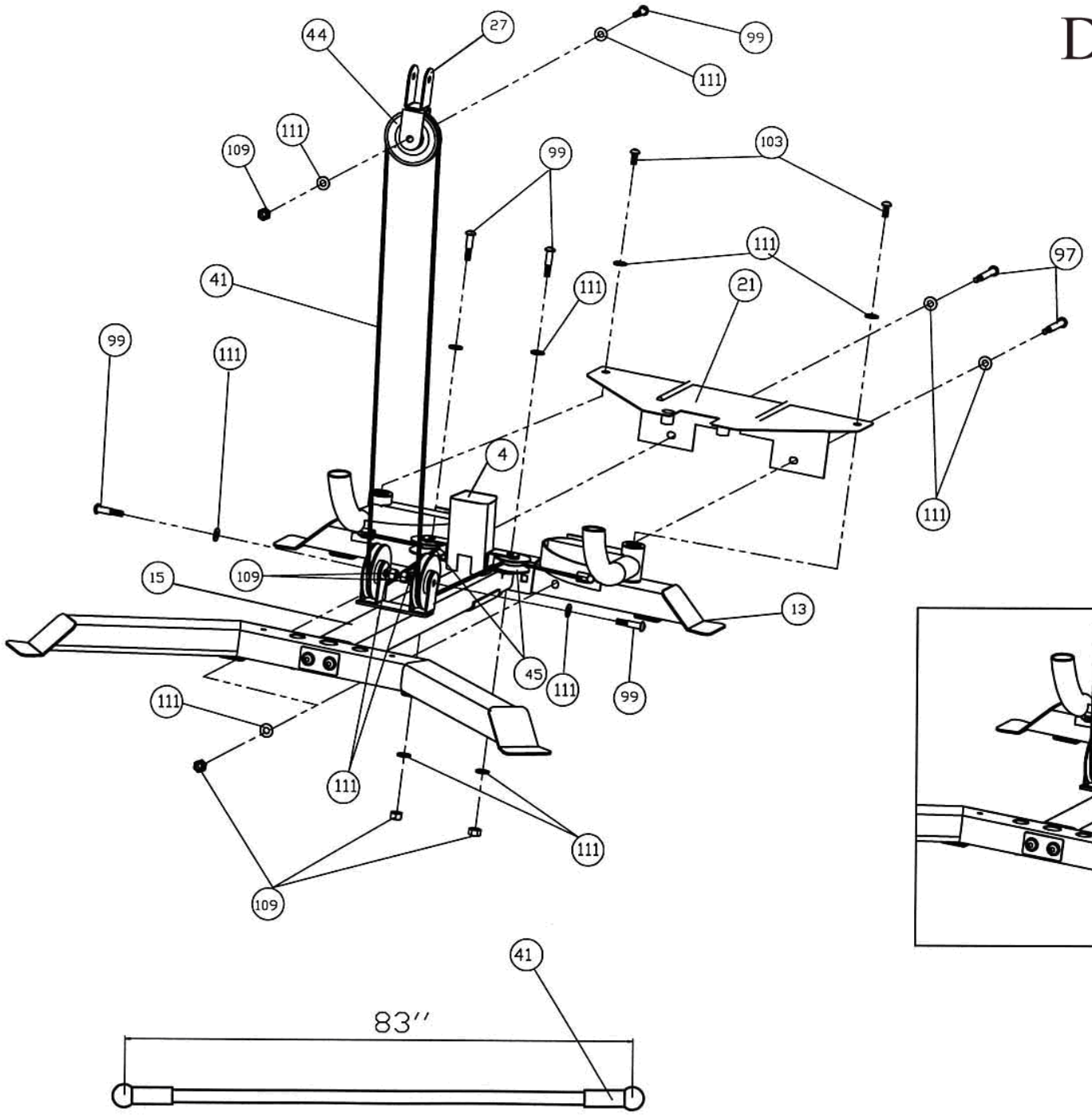
Lower Cable Loop Diagram



STEP 8 (See Diagram 8 & Butterfly Cable Loop Diagram)

A.) Clip one end of the 83” Butterfly Cable (#41) to the open slot on the Right Butterfly (#10).
B.) Draw the Cable to the open bracket on the right side of the Vertical Frame (#4). Attach a Small Pulley (#45) to the bracket
C.) Secure it with one M10 x 1 ¾” Allen Bolt (#99), two Ø ¾” Washers (#111), and one M10 Aircraft Nut (#109).
D.) Draw the Cable around the Small Pulley to the right open bracket on the Rear Base Frame (#15). Repeat Procedure C above to install a Pulley.
E.) Draw the Cable underneath the Pulley then upward to the Angled Double Floating Pulley Bracket (#27) previously installed in Step-7. Repeat Procedure C above to install a Pulley.
F.) Draw the Cable around the Pulley then downward to the left open bracket on the Rear Base Frame. Repeat Procedure C above to install a Pulley.
G.) Draw the Cable underneath the Pulley to the left open bracket on the Vertical Frame. Install a Small Pulley to the bracket.
H.) Draw the Cable around the Small Pulley then attach the end the Cable to the open slot on the Left Butterfly.
I.) Attach the Butterfly Base Cover (#21) to the Butterfly Base (#13) to cover the left and right pivots on the Butterfly Base. Secure the Cover to the Pivots with two M10 x ¾” Allen Bolts (#103) and Ø ¾” Washers (#111).
J.) Align the holes and secure the Cover to the Butterfly Base with two M10 x 3 3/8” Allen Bolts (#97), four Ø ¾” Washers (#111), and two M10 Aircraft Nuts (#109).

DIAGRAM 8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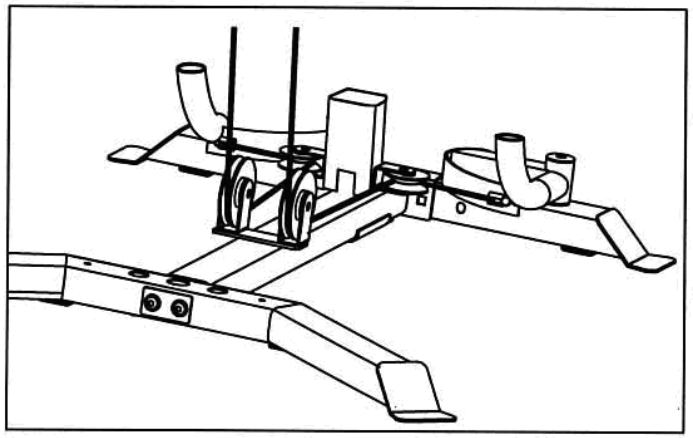
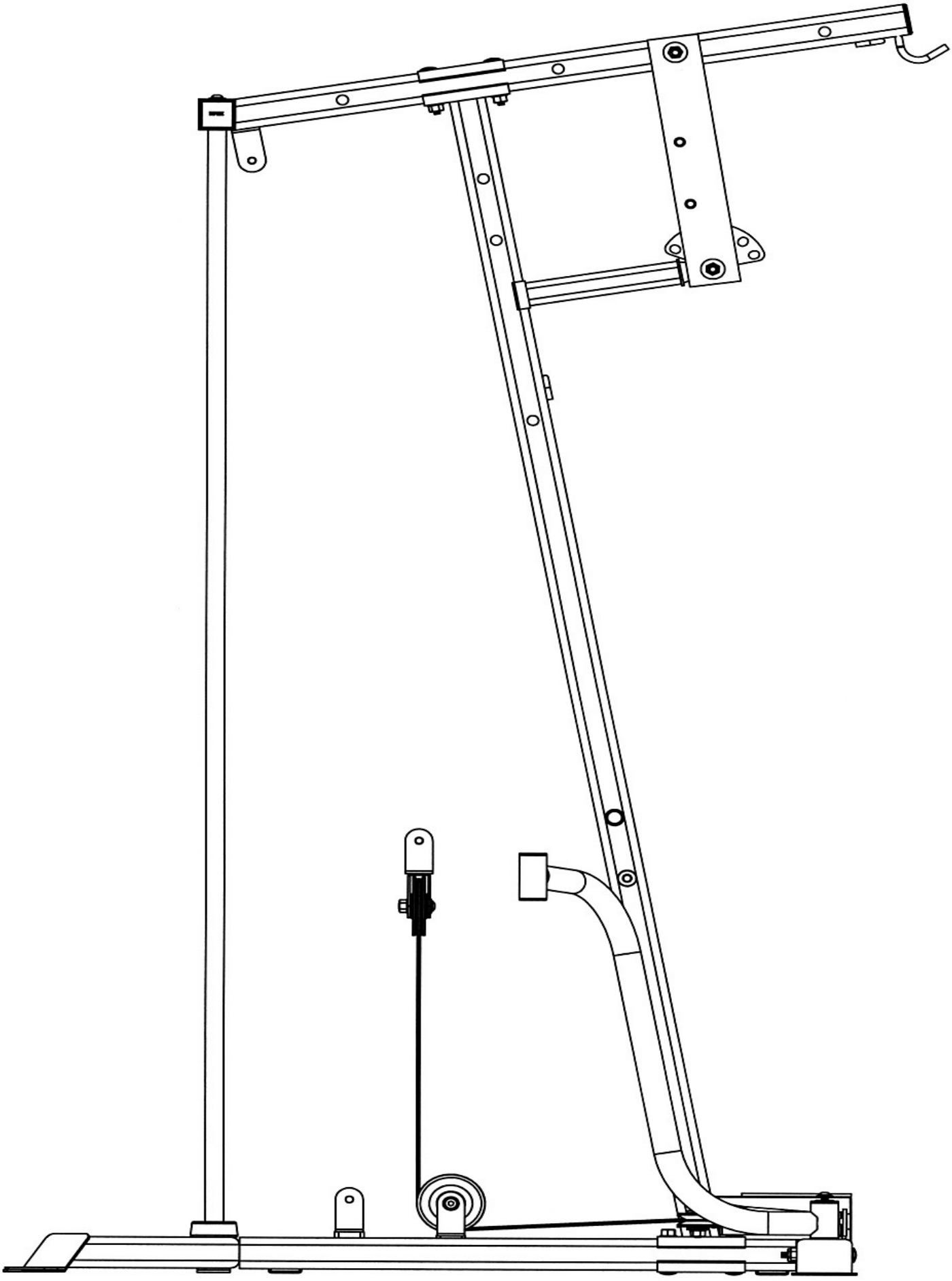


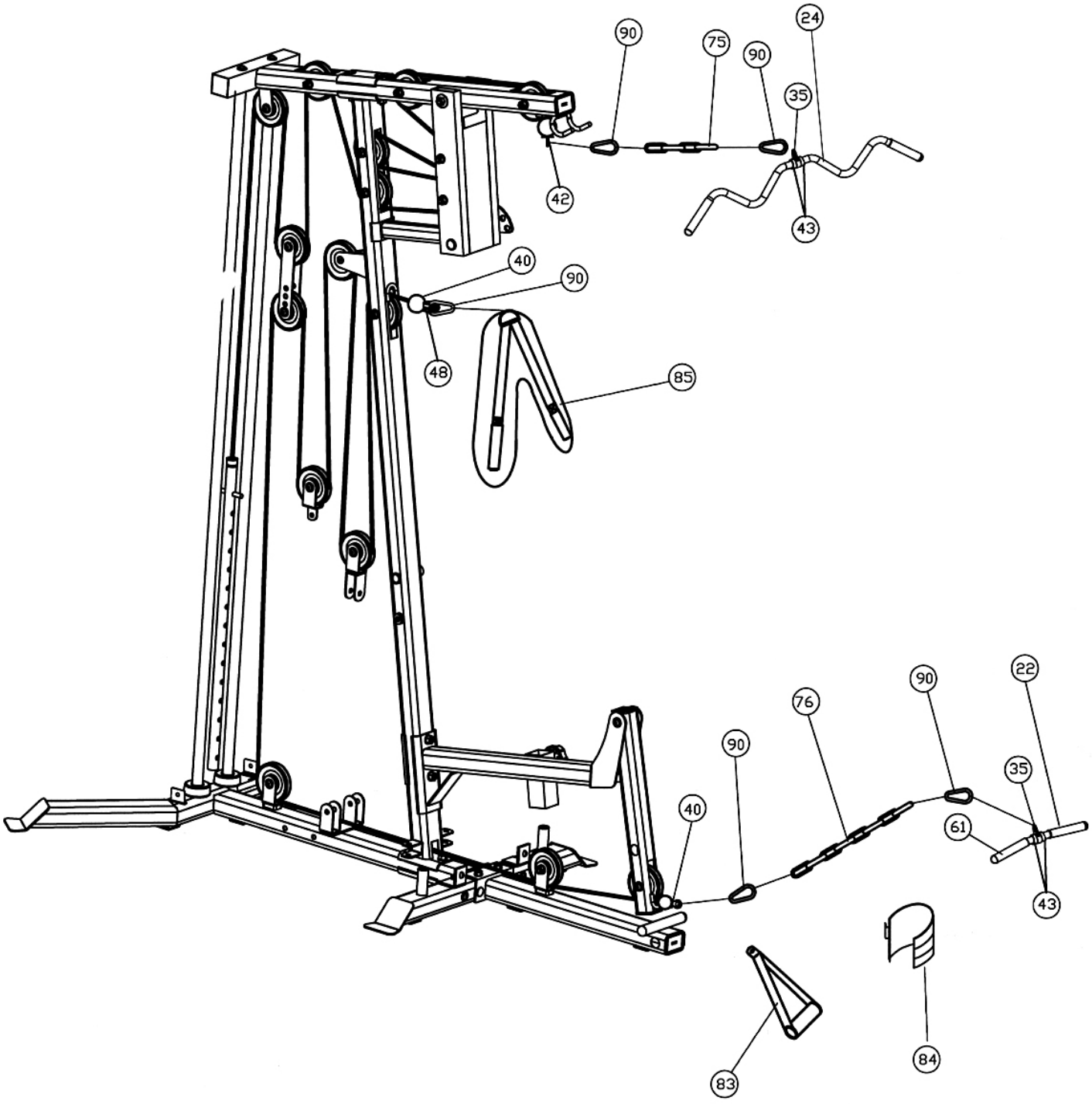
Butterfly Cable Loop Diagram



STEP 9 (See Diagram 9)

A.) Connect the Lat Bar (#24) to the 167” Upper Cable (#42) with two Hooks (#90) and one Short Chain (#75).
B.) Attach the Abdominal Strap (#85) to the U-shaped Cable Connector (#48) on the 215” Lower Cable (#40) with a Hook (#90).
C.) Connect the Shiver Bar (#22) to the 215” Lower Cable with two Hooks and a Long Chain (#76).

DIAGRAM 9



STEP 10 (See Diagram 10)

A.) Attach one end of 75” Hip-Thigh Cable (#39) to the bracket on the Rotating Cam Plate (#32). Secure it with one M10 x 1” Allen Bolt (#102), two Ø ¾” Washers (#111), and one M10 Aircraft Nut (#109).

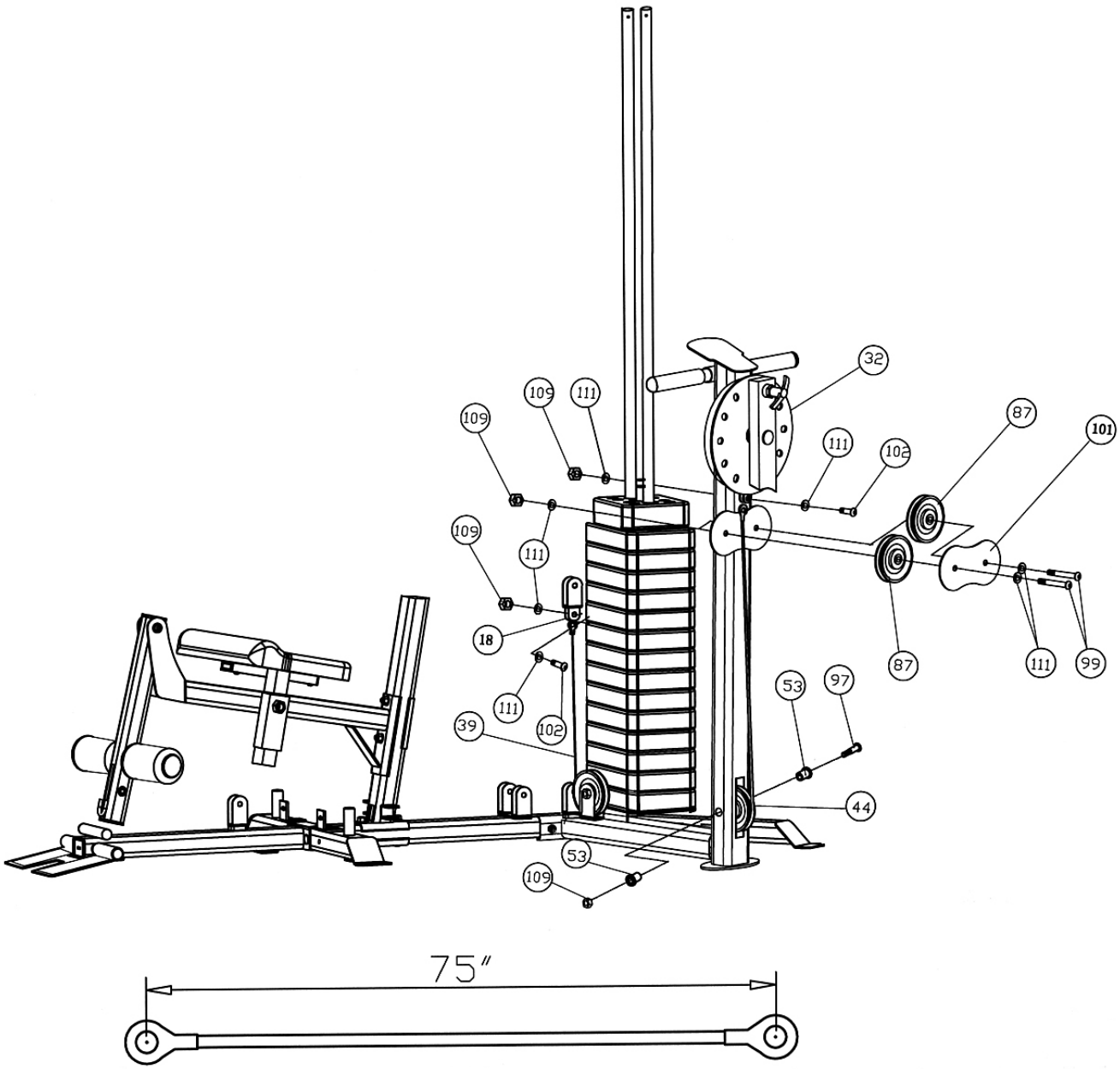
B.) Attach two Medium Pulleys (#87) to the pulley bracket on the Leg Machine Frame (#31). Attach a Double Pulley Bracket (#101) to the two Medium Pulleys. Align the holes and secure them with two M10 x 1 ¾” Allen Bolts (#99), four Ø ¾” Washers (#111), and two M10 Aircraft Nuts (#109).

C.) Draw the Cable between the two Medium Pulleys and downward to the opening on the bottom of the Frame. Attach a Pulley (#44) to the opening. Secure the Pulley (#44) to the opening with one M10 x 3 3/8” Allen Bolt (#97), two Pulley Bushings (#53), and one M10 Aircraft Nut (#109).

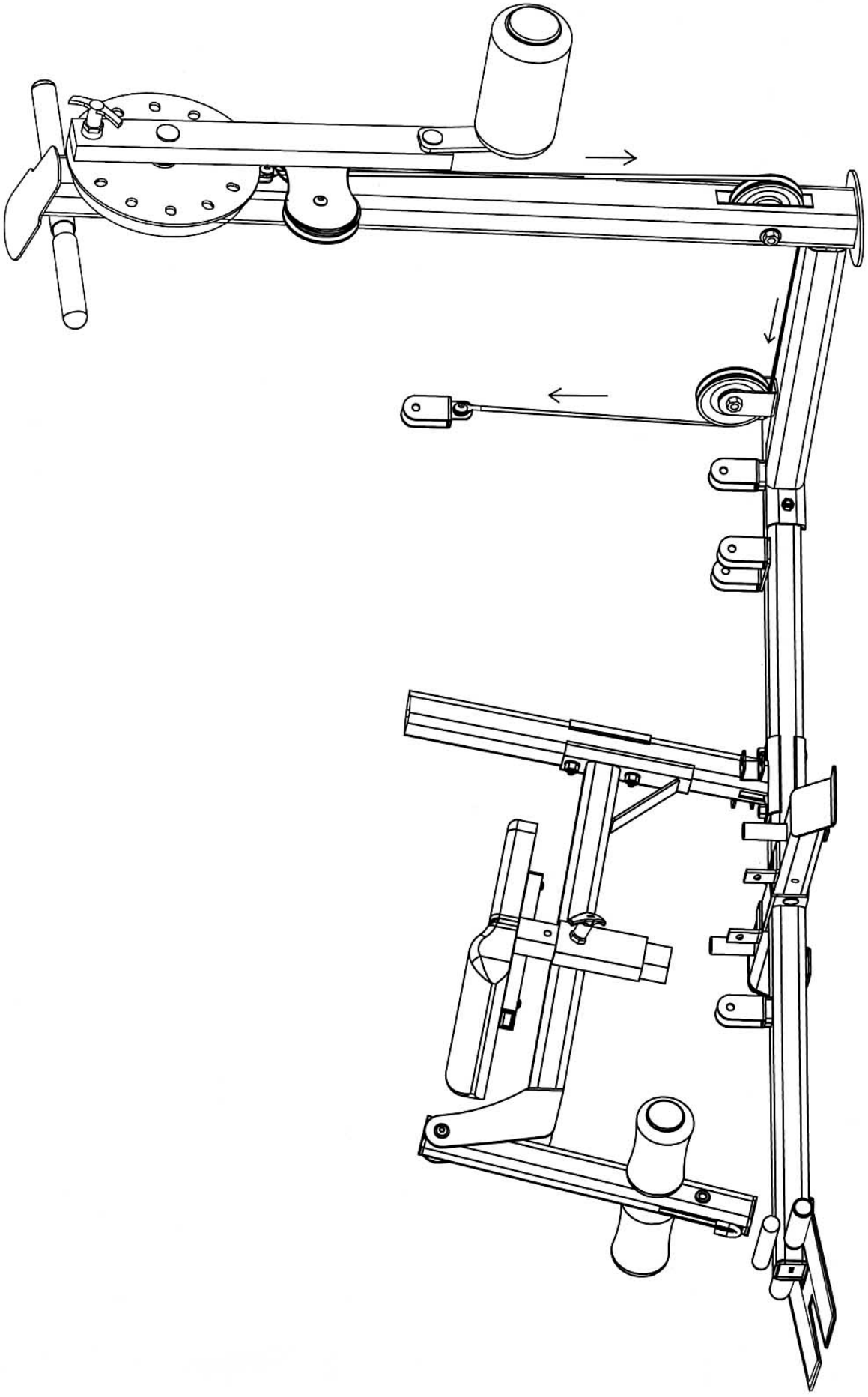
D.) Draw the Cable underneath the Pulley to the open bracket behind the Frame. Install a Pulley with one M10 x 1 ¾” Allen Bolt (#99), two Ø ¾” Washers (#111), and one M10 Aircraft Nut (#109).

E.) Draw the Cable around the Pulley then upward to the Single Floating Pulley Bracket (#18) previously installed in Step-7. Secure the end of Cable to the bracket with M10 x 1” Allen Bolt (#102), two Ø ¾” Washers (#111), and one M10 Aircraft Nut (#109).

DIAGRAM 10



Hip-Thigh Cable Loop Diagram

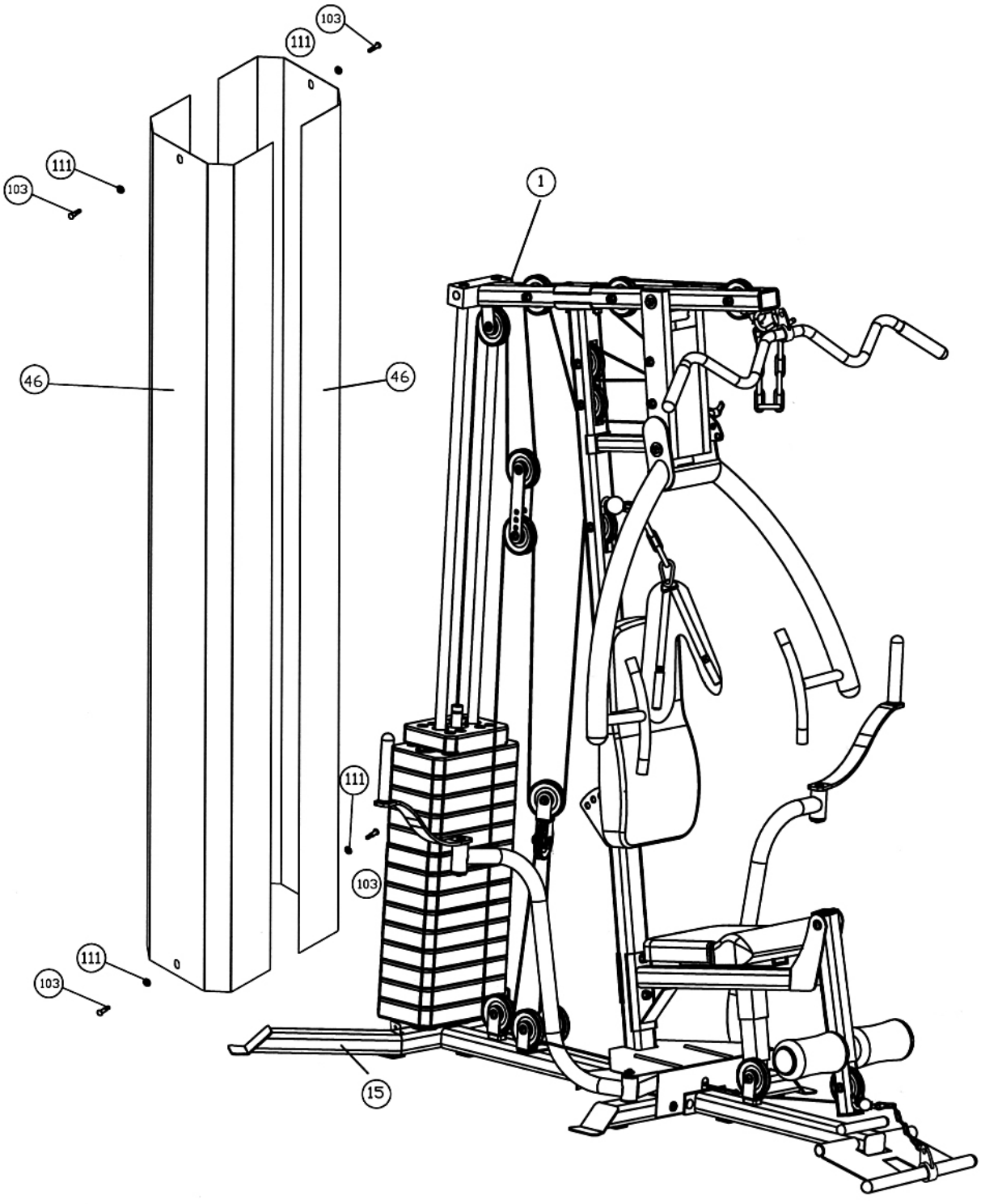


STEP 11 (See Diagram 11)

A.) Attach the two Weight Stack Covers (#46) To Upper Frame (#1) and Rear Base Frame (#15) from each side.

B.) Secure the Weight Stack Covers to the Upper Frame and Rear Base Frame with four M10 x ¾" Allen Bolts (#103) and four Ø ¾" Washers (#111).

DIAGRAM 11



WEIGHT RESISTANCE CHART

	WEIGHT PLATE								
Station	1	2	3	4	5	6	7	8	9
Low Pulley	9	13.5	18	22.5	27	31.5	36	40.5	45
Lat Pull	13.5	18	22.5	27	31.5	36	40.5	45	49.5
Butterfly	4.5	6.75	9	11.25	13.5	15.75	18	20.25	12.5
Front Press	9	15.75	22.5	29.25	36	42.75	49.5	56.25	63
AB Crunch	9	13.5	18	22.5	27	31.5	36	40.5	45
Leg Developer	9	13.5	18	22.5	27	31.5	36	40.5	45
Hip/Thigh	4.5	9	13.5	18	22.5	27	31.5	36	40.5

	WEIGHT PLATE								
Station	10	11	12	13	14				
Low Pulley	49.5	54	58.5	63	67.5				
Lat Pull	54	58.5	63	67.5	72				
Butterfly	24.75	27	29.25	31.5	33.75				
Front Press	69.75	76.5	83.25	90	96.75				
AB Crunch	49.5	54	58.5	63	67.5				
Leg Developer	49.5	54	58.5	63	67.5				
Hip/Thigh	45	49.5	54	58.5	63				

*Numbers are approximate. Actual weight may vary.

*Value for butterfly is for each arm. All values are in KGS.

PARTS LIST

KEY NO.	DESCRIPTION	Q'ty
1	Upper Frame	1
2	Front Press Base	1
3	Front Press	1
4	Vertical Frame	1
5	Backrest Support Frame	1
6	Seat Post	1
7	Seat Support Frame	1
8	Leg Developer	1
9	Butterfly Handle	2
10	Right Butterfly	1
11	Left Butterfly	1
12	Front Base Frame	1
13	Butterfly Base	1
14	Foot Plate	1
15	Rear Base Frame	1
16	Rear Stabilizer	1
17	Guide Rod	2
18	Single Floating Pulley Bracket	1
19	Leg Developer Axle	1
20	Double Floating Pulley Bracket	2
21	Butterfly Base Cover	1
22	Shiver Bar	1
23	Foam Tube	2
24	Lat Bar	1
25	4 ¾" x 2 ¾" Bracket	3
26	5 ½" x 2" Bracket	1
27	Angled Double Floating Pulley Bracket	1
28	Selector Rod	1
29	6 ¾" Front Press Base Axle	1
30	7 ½" Front Press Axle	1
31	Leg Machine Frame	1
32	Rotating Cam Plate	1
33	Lever Frame	1
34	Lever Frame Handle	1
35	Bar Handle Frame	2
36	2 ¾" x 1 ½" Bracket	1
37	Foot Plate Axle	1
38	7" Swivel Tube Sleeve	1
39	75" Hip-Thigh Cable	1
40	215" Lower Cable	1
41	83" Butterfly Cable	1
42	167" Upper Cable	1
43	Bar Handle Frame Bushing	4
44	Pulley	21
45	Small Pulley	2
46	Weight Stack Cover	2
47	Ball Stopper	1
48	U-shaped Cable Connector	1
49	Ø 1 ½" Rubber Bumper	1
50	Ø 1 Bushing	2
51	Ø 1 ½" Butterfly Bushing	8
52	Ø 2 3/8" x 1" Rubber Bumper	2
53	Pulley Bushing	14
54	Ø 1" x 3/8" Bushing	12
55	Ø 1 ¼" Front Press Bushing	2
56	Ø 7/8" Leg Developer Bushing	2
57	Butterfly Handle Grip	2
58	Ø 4" Large Foam Roll	1
59	Foam Roll End Cap	3
60	Ø 1 ¼" x ½" Bushing	4
61	5 3/8" Grip	6
62	Ø 1" End Cap	5
63	2" x 2" End Cap	2
64	1" x 2" End Cap	6
65	1" x 2 ¾" End Cap	4
66	2" x 2 ¾" End Cap	2
67	6 7/8" Grip	2
68	Manual	1
69	∅ 1 ¾" x 1 5/8" Rubber Bumper	1
70	∅ 1 ¼" Washer	8
71	Ø 1" Rubber Bumper	2
72	6" Grip	4
73	3 3/8" T-shaped Lock Pin	1
74	Weight Plate Selector Pin	1
75	Short Chain	1
76	Long Chain	1
77	6 ¼" T-shaped Lock Pin	1
78	4" T-shaped Lock Pin	1
79	Ø 2" End Cap	2
80	Weight Plate	14
81	Selector Stem	1
82	Ø 1" Con-shaped End Cap	1
83	Single Handle	1
84	Ankle Strap	1
85	Abdominal Strap	1
86	Foam Roll	2
87	Medium Pulley	2
88	Seat Pad	1
89	Backrest Board	1
90	Hook	5
91	#5 Allen Wrench (Tool)	1
92	Foam Roll Vinyl Cover	3
93	Foot Support Panel	2
94	M10 x 6 ½" Allen Bolt	2
95	M10 x 4 ¼" Allen Bolt	1
96	M10 x 3 5/8" Allen Bolt	4
97	M10 x 3 3/8" Allen Bolt	9
98	M10 x 2 ½" Allen Bolt	1
99	M10 x 1 ¾" Allen Bolt	16
100	M10 x 1 1/8" Allen Bolt	1
101	Double Large Pulley Bracket	1
102	M10 x 1" Allen Bolt	2
103	M10 x ¾" Allen Bolt	16
104	#6 Allen Wrench (Tool)	1
105	M10 x 3 5/8" Carriage Bolt	2
106	M10 x 2 5/8" Carriage Bolt	8
107	M6 x 5/8" Screw	2
108	M6 x 3/8" Screw	1
109	M10 Aircraft Nut	49
110	M12 Aircraft Nut	1
111	Ø ¾" Washer	78
112	Ø 5/8" Washer	4
113	M8 x 1 5/8" Allen Bolt	4

LIMITED WARRANTY

Escalade warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of two years on the frame and one year on all other parts and components from the date of purchase. This warranty extends only to the original purchaser. Escalade's obligation under this Warranty is limited to replacing damaged or faulty parts at Escalade's option.

All returns must be pre-authorized by Escalade. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage, purchasers own repairs or for products used for commercial or rental purposes. No other warranty beyond that specifically set forth above is authorized by Escalade.

Escalade is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or other damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyments or use, costs of removal, installation or other consequential damages or whatsoever natures.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein.

Your statutory rights are not affected.

ORDERING REPLACEMENT PARTS

Replacement parts can be ordered by calling our Customer Service Department Monday to Friday 9am to 5pm.

Tel / Fax: 00 44 1792 222562
E mail: customerservices@escaladesports.co.uk

When ordering replacement parts, please give the following information,

1. Model
2. Description of Parts
3. Part Number
4. Date of Purchase